

with regard to this he makes the following general remarks: »It is almost impossible to get the correct names of places or lakes in Tibet, as every Tibetan lies on every occasion on which he does not see a good valid reason for telling the truth. Sometimes I have asked half a dozen men separately the name of a lake and received half a dozen different answers. The names I have put on my map are those in favour of which slighty more evidence was forthcoming than for others; but still some of them, including those of these lakes, may turn out to be erroneous when further explorations have made us better acquainted with the country.»*

With regard to the name of the Selling-tso in particular, I find the following statement in Bower: »A Lama came to visit us, and was very strong in information regarding the names of places and other geographical facts, but the names and the facts differed very considerably from those given by other people. On the whole I was inclined to think him fairly truthful. He called the big lake in front Garing Cho, the district we were in Naksung Sittok, and to the east lay Doba, Namru Sera, and Nakchu.»*

For the Selling-tso we find on Bower's map the two names Naksung Satu and Garing Cho, but for the Naktsong-tso there is no name. The name Naksung Satu is clearly identical with the name which was given to me, namely Naktsong-tso.

Littledale gives the following particulars about his discoveries in the neighbourhood of Selling-tso. »We passed along the east side of the lake called by Captain Bower Garing Cho, into which runs a river, which we were unable to ford. We could not go further east, because the plain was alive with herds of yak and sheep, and we should have been discovered; so we constructed a sort of boat [for crossing the Satschu-tsangpo], using our camp-beds to make a framework, which we covered with the waterproof ground-sheet of our tent. It answered capitally, and with a rope from side to side we ferried ourselves and all our stores over dry Seen from a distance, the shores of the Pongok Tso appeared to be piled up with ice-floes, but on getting closer we found the white appearance was due to salt. The grazing in this district was of the most luxurious description, and our animals were now in capital condition.» The name of Selling-tso is to be found in Littledale only in the following connection: »For the greater portion of the way from Zilling Tso to Ladak, our route lay to the south of that taken by Nain Singh, Captain Bower's, of course, being north of that again.»*

On his map we find the name Zilling Tso, and below it in parenthesis Garing Tso.

* Op. cit., p. 82.

* Op. cit., p. 87.

* *Geog. Journal*, May 1896, pp. 466 and 474.