

7 miles were easy going up the Do Chu valley, then there was a rather steep ascent to Uk-dé La, or U-la, 13,200 feet, at 11 miles. Some of the hills were covered with fir, but most had scrub and bush, very beautiful in their autumn tints, the deep red and yellow predominating among the green. There were quantities of berries, too, in these parts. They were chiefly red. A covey of partridges was seen. From the pass there was a steady descent to the Jang-pu Chu, which was crossed at 16 miles by a bridge. It flows N.N.W. and is here 12,250 feet above sea-level. Then there was another very arduous climb to the Ja La, 13,350 feet, at 21 miles, and a steep descent to Pa-ri-nang, 12,250 feet. It consists of nine houses situated in a pleasant little valley.

The weather and the country and the people were evidently all agreeable. But Pereira was even here undergoing considerable hardship. He mentions having his provision boxes damaged on this march and losing half of his last tin of coffee and so being reduced to one tin of cocoa, after which there would be nothing but horrible native tea. Luckily in this mild weather he could drink water for luncheon and dinner. But he would generally be busy in the morning about 5.30; or marching and mapping his route till about five in the evening, and not finish writing up his notes till past nine at night. So even the best day was very tiring.

Lha-tse, $23\frac{1}{4}$ miles, was reached on September 22. It is wrongly called Ga-thang on the Indian map, evidently from the Ga-tung river which flows past it but which is called Sa Chu farther