

was crossed on October 11. Returning from Numari to recross the Kam Chu by the bridge, Pereira continued to ascend the Kam Chu valley, here 200 or 300 yards wide between bare hills. The path was mostly stony. At 4 miles the Kam Chu was again crossed by a log bridge, and then there was a winding, easy ascent till at $11\frac{1}{2}$ miles, the summit of the Gung-bu-Ba La was reached. It was by far the easiest pass on the whole road. It is Huc's Loumma Ri. Though the day was sunny, there was a bitter headwind and some ice on the streams in the pass, though only a little snow on the hills. There was an easy descent from the pass to Chou-me-ra, $21\frac{1}{4}$ miles, a hamlet of four hovels.

Pereira was able to walk $8\frac{1}{4}$ miles, and had only one slight touch of sciatica. With his last pass behind him his anxieties were over, and he was in the highest spirits at feeling there was now no more climbing, and all the rest of the way to Lhasa was downhill.

On October 12 there was an easy march of $16\frac{1}{4}$ miles to Ö-ser-chang. It was bitterly cold at starting and chilly in the wind even after the sun was up. The descent was easy and the hills were at last lower, only 500 to 1000 feet above the valley, and they were mostly covered with grass. Lower down there was some scrub on the lower slopes and some bush again in the valley, but the leaves were off, so it was apparently colder. The stream changes its name three times. A good many side streams had to be forded, and bigger ones were crossed by bridges of logs, brushwood and stones. Ö-ser-chang, 13,900 feet, has eighteen families.