

it was of these leaves that Adam and Eve made themselves girdles to cover their nakedness.

There are also many other trees and wonderful fruits there which we never see in these parts, such as the *Nargil*. Now the *Nargil* is the Indian Nut. Its tree has a most delicate bark, and very handsome leaves like those of the date-palm. Of these they make baskets and corn measures; they use the wood for joists and rafters in roofing houses; of the husk or rind they make cordage; of the nutshell cups and goblets. They make also from the shell spoons which are antidotes to poison. Inside the shell there is a pulp of some two fingers thick, which is excellent eating, and tastes almost like almonds. It burns also, and both oil and sugar can be made from it. Inside of this there is a liquor which bubbles like new milk and turns to an excellent wine.¹

They have also another tree called *Amburan*,² having a fruit of excellent fragrance and flavour, somewhat like a peach.

There is again another wonderful tree called *Chakebaruhe*,³ as big as an oak. Its fruit is produced from the trunk and not from the branches, and is something marvellous to see,

those that have better eyes and better judgment than myself" (p. 1515). And Rheede: "Transversim secti in carne nota magis fusca seu rufa, velut signo crucis interstincti, ac punctulis hinc inde nigricantibus conspersi." (*Hortus Malabaricus*, i, 19.)

¹ He apparently confounds the coconut milk with the toddy, which is the sap of the tree drawn and fermented; a mistake which later travellers have made.

² The Mango (*Am* or *Amba*). I do not know how the word *Amburanus* which he uses is formed. There is a tree and fruit in Malabar with a considerable resemblance to the mango (perhaps a wild Mango) called *Ambalám* (*Rheede Hortus Malabar.*, i, 91).

³ The Jack; a good account of it. *Ciake Baruhe* is the *Shaki Barki* of Ibn Batuta; concerning which see *Jordanus*, p. 13. P. Vincenzo Maria also calls the best kind of Jack *Giacha Barca* (*Viag.*, p. 355). *Baruhe* however comes nearer to *Waracha*, which Knox states to be one Singalese name of the Jack (Ed. 1691, p. 14). Sultan Baber compares the Jack-fruit to a *haggis*. "You would say," quoth he, "that the tree was hung all round with haggises!" (p. 325).