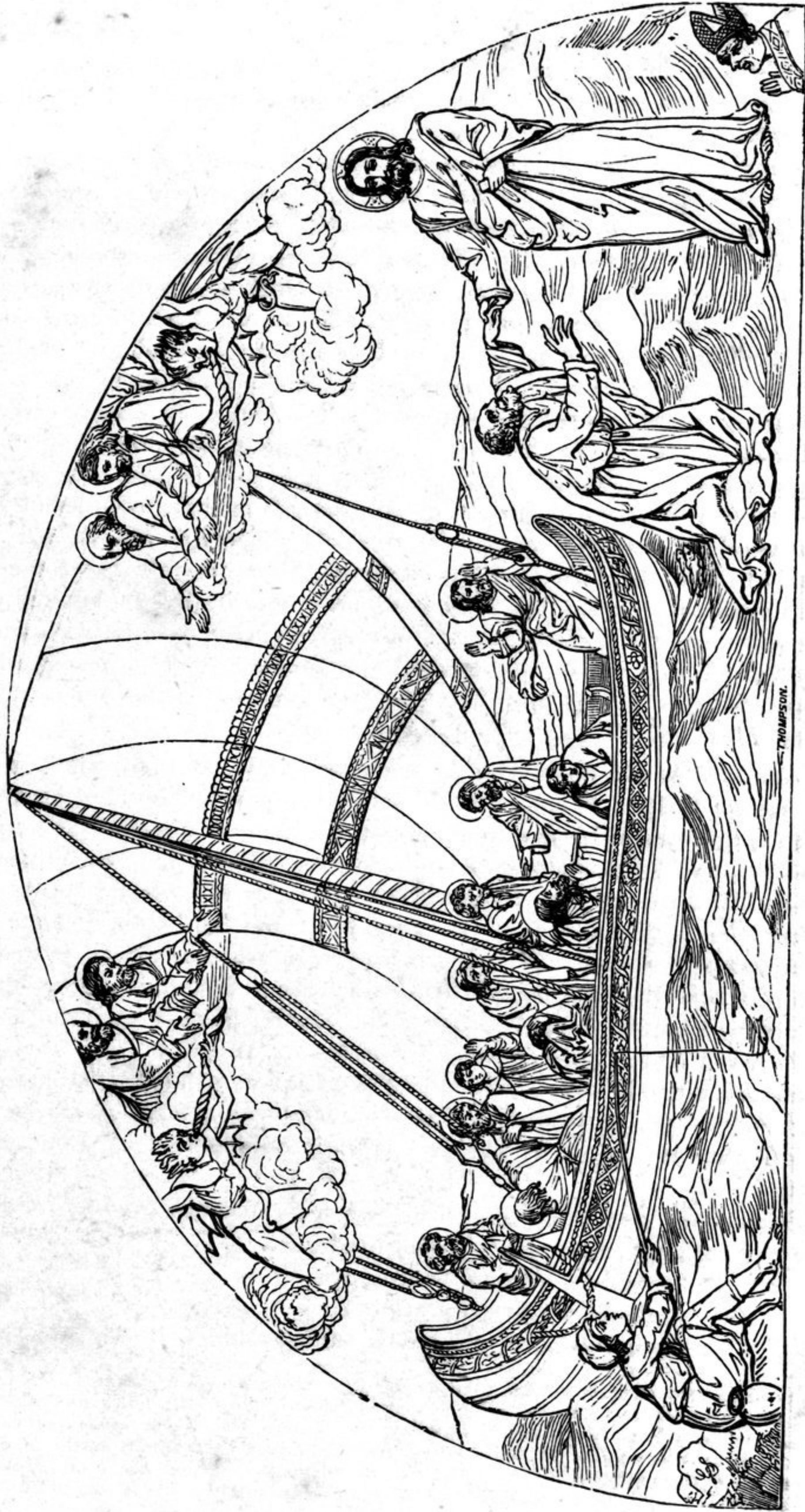


The date and dry-fish diet of the Gulf people is noticed by most travellers, and P. della Valle repeats the opinion about its being the only wholesome one. Ibn Batuta



The Double or Latin Rudder, as shown in the Navicella of Giotto. (From Eastlake.)

says the people of Hormuz had a saying, "*Khormá wa máhí lút-i-Pádshahi*," i.e. "Dates and fish make an Emperor's dish!" A fish, exactly like the tunny of the