

drinking till they have had enough, and then staunching it.⁴

They also have milk dried into a kind of paste to carry with them; and when they need food they put this in water, and beat it up till it dissolves, and then drink it. [It is prepared in this way; they boil the milk, and when the rich part floats on the top they skim it into another vessel, and of that they make butter; for the milk will not become solid till this is removed. Then they put the milk in the sun to dry. And when they go on an expedition, every man takes some ten pounds of this dried milk with him. And of a morning he will take a half pound of it and put it in his leather bottle, with as much water as he pleases. So, as he rides along, the milk-paste and the water in the bottle get well churned together into a kind of pap, and that makes his dinner.⁵]

When they come to an engagement with the enemy, they will gain the victory in this fashion. [They never let themselves get into a regular medley, but keep perpetually riding round and shooting into the enemy. And] as they do not count it any shame to run away in battle, they will [sometimes pretend to] do so, and in running away they turn in the saddle and shoot hard and strong at the foe, and in this way make great havoc. Their horses are trained so perfectly that they will double hither and thither, just like a dog, in a way that is quite astonishing. Thus they fight to as good purpose in running away as if they stood and faced the enemy, because of the vast volleys of arrows that they shoot in this way, turning round upon their pursuers, who are fancying that they have won the battle. But when the Tartars see that they have killed and wounded a good many horses and men, they wheel round bodily, and return to the charge in perfect order and with loud cries;