

that has two names: *Nirgen-tso* or *Kogon-tso*. 19. *Shalung-sherma*, a valley.
20. *Tok-jalung*, or, *Chok-jalung*, as they pronounced this name.

From *Tok-jalung* a road was said to proceed to the *Indus* by: 1. *Kunnö-lungche*, a valley. 2. *Nara-mikchen*, a valley. 3. *Sampuk-samdo*, a brook. 4. *Singi-sangbo*, or rather *Singi-tsangpo*, the *Indus*.

Our two Tibetans assured us that the names mentioned were the only ones they knew, though it is more likely that men of their age knew many hundreds of names, as every valley in the regions where they are accustomed to wander about has its own name. Though, of course, it is easier to remember the names when travelling along the road, than to keep them in memory also at a distance.