## ROUTE-BOOK

OF THE WESTERN PARTS OF

## THE HIMÁLAYA, TÍBET, AND CENTRAL ASIA.

BASED ON MESSRS. DE SCHLAGINTWEITS' TRAVELS, ON ITINERARIES COLLECTED,
AND ON THE WORKS OF EARLIER EUROPEAN TRAVELLERS.

EDITED BY

ROBERT DE SCHLAGINTWEIT.

WITH A POLYMETRICAL TABLE OF STAGES.

VOLUME III., PART I.

III.

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