

III. GENERAL INFORMATION FOR THE TRAVELLER.

PRACTICAL HINTS: Season for travelling—Time for marching—Quick travelling—Crossing of high passes—Disguise—Letters.

EQUIPMENT AND GENERAL REQUIREMENTS: Money—Pärvānas—Servants—Horses and dādis—Tents—Dress—Weapons—Provisions—Medicine chest—Breakfast and dinner service, and cooking apparatus.

TRANSPORT OF LUGGAGE: Packing—Means of conveyance.

PRACTICAL HINTS.

Travels of any extent are most pleasantly made in parties not exceeding two or three, in consequence of the difficulty of obtaining supplies and kulis for a greater number.

Season for Travelling. The concluding period of the rainy season (in analogy with that of India) is the most unhealthy time of the year in the Lower Himālaya. In the rainy season itself the difficulties of travelling and locomotion in general are here greatly increased by the state of the rivers, which at such times are often so swollen as to be unfordable, and become so violent as even to carry away bridges and parts of the road. The rainy season is very little felt in the central parts of the Western Himālaya, and does not extend to Tibet; though, in some of its provinces, especially in Gnāri Khórsum and in Western Bālti, its influence is still somewhat perceptible (chiefly during the months of July and August) by a general increase of atmospheric moisture and some occasional showers.

The southern, lower parts of the Himālaya are best visited from October to March; during this period the climate is delightful and bracing; and though the