General Observations.

1. To each place the province is added in which it is situated; the abbreviations printed in italics are as follows:

Him. = Himálaya; *Tib.* = Tíbet; *C. As.* = Central Asia.

2. The number of stages between the places contained in this Table is calculated only for the routes in the *mountains*, and not in the *plains*. Thus, Márri could be reached from Táshkend, the Russian cantonment in Central Asia nearest to the Indian Empire subject to British government, in a much shorter time by Bokhára, Kábul, and Pesháur, than by Yárkand and Leh, along which line the stages of this route have been compiled in accordance with the principle just explained. Again, the quickest way of reaching Srinágar (Kashmír) from Nainitál is by descending into the plains of India (to Baréli) and then pushing on through the same by dák as far as Sialkót.

3. In general the number of stages is calculated only along the principal routes, and not along those which, though nearer, are difficult and impassable for horses.

4. Most of the routes from places situated in the outer parts of the Himálaya (as Nainitál, Mássúri, Símla, &c.) to those of Central Asia (as Yárkand, Káshgar, Kókand, &c.) have been assumed, in the compilation of this Table, to pass by way of Leh and across the Karakorúm Pass.

5. The time actually required to reach a distant place is, in general, considerably greater than the number of stages here indicated; as at least after every six marches the traveller will find it imperative to make a day's halt. Thus, even under very favourable circumstances, the journey from Leh to Yárkand will occupy forty days, viz. thirty-four days of actual travelling and six days of halts.

POLYMETRICAL TABLE

showing the

NUMBER OF STAGES

between the most important places of the western parts of the

HIMÁLAYA, TÍBET, AND CENTRAL ASIA.

	Bádrinath, in Gărhvál. *Him.*	Chíni, in Kănáur. *Him.*	Élchi, in Turkistán. *C. As.*	Gangótri, in Gărhvál. *Him.*	Gártok, in Gnári Khórsum. *Tib.*	Gílgit, in Gílgit. *Tib.*	Kángra, in Chámba. *Him.*	Karakorúm Pass, in Ladák. *Tib.*	Kárdong, in Lahól. *Him.*	Káshgar, in Turkistán. *C. As.*	Kókand, in Kókand. *C. As.*	Leh, in Ladák. *Tib.*	Márri, in Márri. *Him.*	Mássúri, in Gărhvál. *Him.*	Mílum, in Kămáon. *Him.*	Nainitál, in Kămáon. *Him.*	Níti, in Gărhvál. *Him.*	Samarkánd, in Bokhára. *C. As.*	Símla, in Símla. *Him.*	Skárdo, in Bálti. *Tib.*	Srinágar, in Kashmír. *Him.*	Sultánpur, in Kúlu. *Him.*	Táshkend, a Russ. cantonm. *C. As.*	Yárkand, in Turkistán. *C. As.*
Chíni, in Kănáur. *Him.*	32																							
Élchi, in Turkistán. *C. As.*	53	60																						
Gangótri, in Gărhvál. *Him.*	15	19	56																					
Gártok, in Gnári Khórsum. *Tib.*	17	12	45	11																				
Gílgit, in Gílgit. *Tib.*	52	59	31	55	44																			
Kángra, in Chámba. *Him.*	22	40	59	36	39	48																		
Karakorúm Pass, in Ladák. *Tib.*	38	45	15	41	30	42	44																	
Kárdong, in Lahól. *Him.*	18	40	43	33	35	16	16	28																
Káshgar, in Turkistán. *C. As.*	63	70	13	66	55	25	69	28	53															
Kókand, in Kókand. *C. As.*	85	92	35	88	77	47	91	50	75	22														
Leh, in Ladák. *Tib.*	24	31	29	27	16	14	30	28	14	61	39													
Márri, in Márri. *Him.*	42	54	53	51	40	33	20	33	38	85	63	34												
Mássúri, in Gărhvál. *Him.*	18	13	71	9	32	70	27	56	29	103	81	47	42											
Mílum, in Kămáon. *Him.*	37	12	62	27	12	61	53	47	40	94	72	33	57	20										
Nainitál, in Kămáon. *Him.*	32	13	73	21	25	72	41	58	43	103	83	61	14	12										
Níti, in Gărhvál. *Him.*	33	6	58	21	10	57	41	43	36	90	68	15	6	15	53	29								
Samarkánd, in Bokhára. *C. As.*	96	103	46	99	102	88	92	58	86	33	11	72	96	103	114	96	105	116	99					
Símla, in Símla. *Him.*	13	29	57	25	30	11	51	30	42	16	31	28	89	67	14	42	100	31	30	42	16	31	28	89
Skárdo, in Bálti. *Tib.*	40	47	38	43	32	12	36	30	25	57	35	25	30	36	12	32	43	38	40	47	21	16	57	35
Srinágar, in Kashmír. *Him.*	39	46	44	42	31	24	24	29	25	57	54	25	29	24	24	31	42	44	39	46	9	15	76	54
Sultánpur, in Kúlu. *Him.*	12	37	49	27	29	21	10	42	29	27	49	12	37	34	31	8	92	37	37	49	23	39	20	81
Táshkend, a Russ. cantonm. *C. As.*	89	96	39	92	54	81	95	54	81	92	39	89	96	85	80	61	93	25	94	109	98	107	89	65
Yárkand, in Turkistán. *C. As.*	58	65	8	61	50	23	64	20	54	61	30	50	23	31	54	49	30	62	38	63	78	67	76	58

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