

**Route**

from the BÁRA LÁCHA PASS to DÁRCHE,  
see **No. 54.**

**Route**

from the BÁRA LÁCHA PASS to LÓSAR,  
see **No. 126.**

**Route No. 18.**

From the BÁRA LÁCHA PASS (Láhól-Spíti) to  
PÁDUM (Zánkhar).

A secondary route, passable for horses.

*Literature:* Cunningham's Ladák, p. 153.

*Maps:* Cunningham's Pánjáb and Western Himálaya.—  
Waugh and Thuillier's Pánjáb and adjoining coun-  
tries.

*Bára Lácha Pass*, 32° 43'·5; 77° 25'·3 †; 16,186 ft.—△ Chérpa, northern foot of the pass.

△ *Tókpo Sóma.*

△ *Chúmik Márfo.*

*Kharkyág*, on the Shung river (level of the river 13,613 ft.)—Cross the Píse Lúngba river—Cross the Chúngarung Lúngba river—△ *Dánse*, on the right bank of the Shung river (level of the river 13,083 ft.)—Cross the Khyáze river—Cross the Shung river by bridge.

*Yálle*—Súlle (12,717 ft.), a now decayed and nearly deserted village on the left bank of the Shung river—Cross the Pánga river—Cross the Shálla river—Réru.

*Múnne* (12,320 ft.), on the left bank of the Shung river—Cross the Jebrálzan Tókbo river—Cross the Tomásu Tókbo river.

*Pádum*, 33° 28'·0; 76° 54'·3 †; 11,550 ft. This village, the residence of a Kardár, is the chief place of Zánkhar.

**Route No. 19.**

From the BÁRA LÁCHA PASS (Láhól-Spíti) to  
△ RÚKCHIN (Ladák).

A principal route, passable for horses.

*Literature:* Cunningham's Ladák, p. 155, and in Journ. As. Soc. Beng., Vol. XVII., part I., pp. 213-24.—Moorcroft, Vol. I., pp. 212-25.

*Maps:* Cunningham's Pánjáb and Western Himálaya.—  
Waugh and Thuillier's Pánjáb and adjoining coun-  
tries.

△ *Móngbe*, southern foot of the Bára Lácha pass—Cross the Bára Lácha pass, 32° 43'·5; 77° 25'·3 †; 16,186 ft.—Nántso, or Yunántso, a small glacier lake (15,570 ft.).

△ *Chála* (15,273 ft.), northern foot of the Bára Lácha pass, 4 miles from its top; (no fuel at △ Chála)—△ Kílung, or Kígnung.

△ *Tákenak*, at the upper limit of shrub vegetation, on the right bank of the Kílung river—△ Kibubráng—△ Chéráp.

△ *Gyám* (13,511 ft.), fuel and grass; an easy march—△ Démra—△ Múrong.

△ *Súmđo* (15,806 ft.), south-western foot of the Lácha Lung pass—Cross the Lácha Lung pass (16,750 ft.), a gentle ascent—Enter a narrow defilé which ends 3 miles before △ Phyáng.

△ *Phyáng*—Enter the lake basin of Kyángchu (15,781 ft.)—Pass the salt-lake Múretso (15,517 ft.).

△ *Rúkchin*, 33° 14'; 77° 50'; 15,764 ft. In summer there are tents of the Tibetan shepherds; provisions may be got then, but in small quantities only. (A long march from △ Phyáng to Rúkchin).

BÁRANG, see BRUÁNG.

BARÁSSU. Under this name are comprised the four villages: Datmír, Gangár, Poá, and Ussílla, in the Tons valley.