

**Route**

from BÄRKÓT to JÓGAR,

see **No. 79.****Route No. 20.**

From BÄRKÓT (Gärhvál) to KUTNÓR (Gärhvál).

A secondary route, passable for horses.

*Literature:* Hodgson, in *As. Res.*, Vol. XIV., pp. 138-40.—  
 Jacquemont's *Journal*, Vol. II., pp. 58-73.—Skinner's  
*Excursions*, Vol. I., pp. 267-81.

*Maps:* Indian Atlas, sheets 48 and 65.

*Bärkót*, 30° 48'; 78° 14'; 4,140 ft., on the left bank of the Jámna river—Continue along the left bank of the Jámna river—Rajtár bridge over the Jámna river (level of the river 3,865 ft.)—A large spring "Gángani páni" (4,097 ft.), close to Rajtár bridge (the legend connected with this "holy spring" is contained in Skinner's *Excursions*, Vol. I., p. 275)—Cross a nálah—Bánsar (opposite Bánsar is Thánno, from which the road branches off to Kidarkánta; see Route No. 224)—Khanéra.

*Kutnór*, 30° 51'; 78° 19'; 5,106 ft., a large village on the left bank of the Jámna river.

**Route**

from BÄRKÓT to MANDRÁSSU,

see **No. 133.****Route**

from BÄRMÁUR to BÁRA BÁNGHAL,

see **No. 14.****Route No. 21.**

From BÄRMÁUR (Chámha) to CHÁMBA (Chámha).

A secondary route, passable for horses.

*Literature:* Journ. As. Soc. Beng., Vol. X., pp. 109-11.

*Maps:* Cunningham's Pánjáb and Western Himálaya.—  
 Waugh and Thuillier's Pánjáb and adjoining countries.

*Bärmáur*, 32° 26'; 76° 30'; 7,015 ft., on the left bank of the Budhíl river—Descend the Budhíl valley.

*Koh*, on the left bank of the Budhíl river—  
 Cross the Rávi river.

*Chaitrári*, on the left bank of the Rávi river.

*Bássu*—Descend the Rávi valley.

*Máhila*, on the left bank of the Rávi river—  
 Cross the Rávi river by bridge.

*Chámha*, 32° 33'; 76° 71'; 3,015 ft., on the right bank of the Rávi river.

**Route**

from BÄRMÁUR to TRILOKNÁTH,

see **No. 233.****Route**

from BÉKHAR to CHÁBRANG,

see **No. 33.****Route**

from BÉKHAR to Δ DO SÚMDO,

see **No. 65.**