

Unmáru, 6 miles from Tértse—Descend along the right bank of the Shayók river.

△ *Káru*, 10 miles from Unmáru (no villages along this stage)—Leave the Shayók valley and ascend a small valley to the north—△ *Súnid*.

Váris, 8 miles from △ *Káru*—Cross a ridge (14,700 ft.).

△ *Byógdang*, near the right bank of the Shayók river—Continue along the right side of the Shayók valley—*Chulúnka*, 9 miles from △ *Byógdang*—Cross the Shayók river by bridge.

Túrtuk, on the left bank of the Shayók river, 7 miles from *Chulúnka*—*Tyágchi*—Cross the Shayók river by bridge.

Pránu, on the right bank of the Shayók river—Continue along the right bank of the Shayók river.

Chórbad, 34° 49'; 76° 28'; 8,879 ft., on the right bank of the Shayók river.

Route

from DÍŠKIT to LEH,

see No. 121.

Route No. 64.

From DÍŠKIT (Núbra) to △ SÁSSAR (Núbra).

A principal route, but passable for horses in summer only.

Literature: Moorcroft's Travels, Vol. I, pp. 402-12.—Thomson's Western Himálaya, pp. 401-21.

Maps: Cunningham's Pánjáb and Western Himálaya.—Waugh and Thuillier's Pánjáb and adjoining countries.

Dískit, 34° 35'; 77° 10', on the left bank of the Shayók river (level of the river 9,968 ft.)—Cross the Shayók river (a most tedious and difficult undertaking; the ford can only be found by the aid of experienced guides; the river,

divided into more than 10 to 12 branches, has a breadth of nearly three miles)—*Lágchung*—Ascend the Núbra, or Chéra valley along its left side—*Súmur* (road as far as *Pangmíg* good and easy).

Kyagár (11,180 ft.), on the left bank of the Chéra river—*Pinchimíg*—*Chámchen*—*Kilgám*—*Drísha* (10,492 ft.), on the left bank of the Chéra river.

Pangmíg, or *Panamík* (hot springs are in the environs at a height of 10,538 ft.)—*Chánbak*—*Pogpóche*—*Hárgam*—*Dágcha*—*Pangkóng*—△ *Jánglung* (near the environs are hot springs at a height of 11,890 ft.)—Cross the *Jánglung* pass (15,322 ft.)—△ *Chingmóche*.

△ *Murgetáú*—Cross a river (passage occasionally very difficult)—△ *Pangtángtsa* (14,644 ft.)

△ *Skiangbóche*, or *Tóte Áulik* (15,659 ft.), at the foot of the Sássar pass—Ascend the Sássar glacier—Pass several glacier lakes—Cross the Sássar pass (17,753 ft.).

△ *Sássar*, 35° 8'; 77° 30'; 15,339 ft., a long stage from △ *Skiangbóche* to △ *Sássar*. Road of the worst description; the Sássar pass is one of the most difficult passes, though it is regularly crossed with horses.

Route No. 65.

From △ DO SÚMDO (Gárhvál) to BÉKHAR (Gnári Khórsun).

This is a route very rarely taken, impassable for horses; from △ *Do Súmdo* continue along the *Báspa* river till it is joined by the *Nítal gad*; near the origin of this river is a pass which leads to *Békhar*. No villages are situated along this route, which occupies about four marches.

Geographical co-ordinates:

△ *Do Súmdo*: 31° 9'; 78° 39'; 13,366 ft.
Békhar: 31° 37'; 78° 57'; 12,676 "