

Route

from GANGÓTRI to MÚKBA,

see **No. 144.**

Route

from GANGÓTRI to NAINITÁL,

see NAINITÁL to GANGÓTRI.

Route

from GÁRBIA to ASKÓT,

see **No. 7.**

Route No. 67.

From GÁRBIA (Kámáon) to KÚNTI (Kámáon).

A principal route, passable for horses.

Literature: Strachey, in Journ. As. Soc. Beng., Vol. XVII, pp. 115-20.

Maps: Strachey's Kámáon and Gärhvál, and his map to illustrate the Journey to Rákus Tal.

Gárbia, 30° 7'; 80° 48'; 10,272 ft., near the left bank of the Káli river—Continue along the Káli river (road bad)—Cross the Hángchu river—*Talakáva*, a small hamlet—Cross the Káli river by a sángha-bridge (150 yards above its confluence with the Kúnti-Yánkti river)—Gúngi—Nábhi (2 miles from Gúngi).

Mángdang (11,750 ft.), 2 miles from Nábhi—Cross the Nál Yánkti river (Kúnti valley now contracts)—Cross a snow-bed—Cross the Námpa river (the valley opens again).

Kúnti, 30° 18'; 80° 38'; ab. 13,000 ft., near the left bank of the Káli river. This place is inhabited in summer only, and even then not regularly.

Route No. 68.

From GÁRBIA (Kámáon) to the RÁKUS TAL (Gnári Khórsum).

A secondary route, passable for horses.

Maps: Strachey's Kámáon and Gärhvál, and his map to illustrate the journey to Rákus Tal.

Gárbia, 30° 7'; 80° 48'; 10,272 ft., near the left bank of the Káli river—Mála Káva—△ Shang-dúma.

Yírka, 5½ hours' march from Gárbia—Cross the Lípu Lekh pass (long ascent, but not steep).

△ *Níngri*—Námi—Taklakhár.

△ *Dúmar*.

△ *Lágan Túnkan*, 30° 29'; 81° 10', on the southern shore of the Rákus Tal lake (height of the lake ab. 15,250 ft.)

Route

from GÁRTOK to the CHÁKO LA PASS,

see **No. 35.**

Routes

from GÁRTOK to LEH: by Róngo, Ráldang, and Úpshi, see **Nos. 69, 176, 174, and 236.**

Route

from GÁRTOK to NAINITÁL,

see NAINITÁL to GÁRTOK.

Route No. 69.

From GÁRTOK (Gnári Khórsum) to RÓNGO (Ladáak).

A secondary route, passable for horses.

Literature: Fraser's Journal, p. 309.—Moorcroft's Travels, Vol. I, pp. 439-44.

Maps: Cunningham's Pánjáb and Western Himálaya.—Strachey's West Nári.—Waugh and Thuillier's Pánjáb and adjoining countries.