Iskárdo, see Skárdo.

Route

from Islamabád to Chámba, see No. 36.

Route

from Islamabád to Kárgil, see No. 94.

Route No. 74.

From ISLAMABÁD (Kashmír) to SRINÁGAR (Kashmír).

The journey is best performed by boat along the Jhflum river. It thus occupies about 20 to 22 hours. A great many villages are passed, and a traveller who wishes to go by land will find no difficulty in encamping wherever he pleases.

Geographical co-ordinates:

Islamabád 33 43.8; 75 8.75; 5,896 ft. Srinágar 34 4.6; 74 48.5 \(\brace \); 5,146 ,,

Route No. 75.

From JĂGATSÚK (Kúlu) to KÓKSAR (Lahól).

A principal route, passable for horses.

Maps: Indian Atlas, sheet 47 (second edition).—Cunningham's Pănjáb and Western Himálaya.—Waugh and Thuillier's Pănjáb and adjoining countries.

Jăgatsúk, 132° 12′; 77° 13′; 6,080 ft., near the left bank of the Biás river—Shúru—Cross the Phári river—Príni.

 $\triangle R\'alha$ (8,693 ft.) — \triangle Márri (10,769 ft.), $2^{1}/_{2}$ hours' march from \triangle Rálha—Cross the Rotáng pass (13,061 ft.)—Cross the Chándra river.

¹ Already from Sultánpur, a route, though not so generally taken, leads along the right side of the Biás valley, viz. $Sultánpur-Dvára-Monáli-\triangle Rálha$.

Kóksar, 32° 25'; 77° 12'; 10,344 ft., on the right bank of the Chándra river.

Route No. 76.

From JAGATSÚK (Kúlu) to LÓSAR (Spíti).

A secondary route, passable for horses.

Maps: Indian Atlas, sheet 47 (second edition).—Cunningham's Pănjáb and Western Himálaya.—Waugh and Thuillier's Pănjáb and adjoining countries.

Jăgatsúk, 32° 12′; 77° 13′; 6,080 ft., near the left bank of the Biás river—Shúru—Cross the Phári river.

Prini, a very short stage— \triangle Hámta— \triangle Chíkar.

 \triangle Cháttol — \triangle Shéling — \triangle Phuttarúni.

 \triangle Kártse—Cross the Kúnzum, or Kúlzum pass (14,931 ft.).

 $\triangle Dumadángsha$ (eastern foot of the Kúnzum, or Kúlzum pass).

Lósar, 32° 23'; 77° 43', an easy stage.

Route

from JAGATSÚK to SULTÁNPUR,

see No. 213.

Route

from Δ Jämnótri to Khärsáli,

see No. 103.

Route

from \triangle Jămnótri to Nainitál, see Nainitál to \triangle Jămnótri.

Jámu, routes to and from, see Núrpur to Naushéra, No. 160.