

Bārkót, 30° 48'; 78° 14', a dharamsála (4,140 ft.), on the left bank of the Jámna river. (An easy stage.)

Route No. 80.

From JÓGAR (Gārhvāl) to KIDARKÁNTA (Gārhvāl).

A secondary route, passable for horses.

Maps: Indian Atlas, sheets 47 (second edition) and 48.

Jógar, 30° 39'; 78° 7'; 4,903 ft., on the left bank of the Sári river—Cross the Sári river—Cross the Kumállu Dánda pass—Dhábra, or Dhábar—Cross the Bārni river—Cross the Dánda ka Deóra pass—*Kanáun*.

Múngra, on the left bank of the Jámna river (a rather long march from Jógar to Múngra). At Múngra there is a sánga-bridge across the Jámna river (level of the river 3,405 ft.)—Continue along the left bank of the Jámna river—*Késnu* (3,975 ft.), near the left bank of the Jámna river—Cross the Jámna river at the Rajtár bridge (level of the river 3,865 ft.)—Ascend the Bonóld valley.

Sérro—Continue along the Bonóld valley—*Kánda* (5,030 ft.)—Cross the Khálsi, or Gundeát pass (6,745 ft.).

Gundeát (4,810 ft.), in the Ramsarái valley—Cross the Áur pass.

Áur (6,785 ft.) — △ Renái Gúfa — △ Lámba Thátar.

Encamp at Kidarkánta, 31° 1' 4"; 78° 9' 4"; 12,430 ft.

Route

from JÓGAR to MANDRÁSSU,

see **No. 134.**

JVÁLA MÚKHI, routes to and from, *see*.

NADÁUN to KÁNGRA, **No. 146.**

KABKÓT, routes to and from, *see*

BÁGESAR to KÁTHI, **No. 12.**

Route No. 81.

From KÁLTSE (Ladák) to DĀ (Ladák).

A principal route, passable for horses.

Maps: Cunningham's Pánjáb and Western Himálaya.—Waugh and Thuillier's Pánjáb and adjoining countries.

Káltse, 34° 14'; 76° 40', on the right bank of the Indus river (level of the river 9,690 ft.)—Continue along the right bank of the Indus river as far as Dā—*Nyálmo*.

Tángo — Kurbuchán — Alchinatáng — *Nyóbi-brángsa*.

Dā, 34° 32' 6"; 76° 25' 1"; 9,640 ft., near the right bank of the Indus river.

Route No. 82.

From KÁLTSE (Ladák) to LÁMA YÚRU (Ladák).

A principal route, passable for horses.

Literature: Cunningham's Ladák, p. 150.—Moorcroft's Travels, Vol. II., p. 11.

Maps: Cunningham's Pánjáb and Western Himálaya.—Waugh and Thuillier's Pánjáb and adjoining countries.

Káltse, 34° 14'; 76° 40', on the right bank of the Indus river (level of the river 9,690 ft.)—Cross the Indus river by bridge—Ascend the Vánla valley (occasionally very narrow; river to be several times crossed).

Láma Yúru, 34° 11'; 76° 34', a large monastery (11,673 ft.), 9 miles from Káltse.