

Δ *Bhaviti* (ab. 15,750 ft.)— Δ *Láma Chórten*.
Chújia Tol— Δ *Ámlung* (ab. 15,300 ft.).
Tol, near the Rákus Tal lake (level of the lake
 ab. 15,250 ft.).

Route

from KUTNÓR to BARAHÁT,
 see **No. 16.**

Route No. 118.

From KUTNÓR (Gärhvál) to KHÄRSÁLI (Gärhvál).

A principal route, passable for horses.

Literature: Hodgson, in *As. Res.*, Vol. XIV., pp. 141-5.—
 Jacquemont's *Journal*, Vol. II., pp. 73-82.—Skinner's
Excursions, Vol. I., pp. 282-91.

Maps: Indian Atlas, sheets 48 and 65.

Kutnór, 30° 51'; 78° 19'; 5,106 ft., on the left
 bank of the Jámna river—Continue along the
 left bank of the Jámna river—Cross the Jámna
 river—*Vódri*, or *Vazirgárh* (5,384 ft.), on the
 right bank of the Jámna river (close to the
 Jámna river is a hot spring, which is, however,
 generally covered with the sand of the river)—
 Cross the Jámna river—Kunsála.

Rána (6,773 ft.), on the left bank of the Jámna
 river—Continue along the left bank of the
 Jámna river—Cross the Jámna river—*Banássa*
 (7,478 ft.), on the right bank of the Jámna river
 (hot springs are close by)—Cross the Jámna
 river.

Khärsáli, 30° 57'; 78° 27'; 8,374 ft., on the
 left bank of the Jámna river.

LADÁK, see LEH.

Route

from LÁMA YÚRU to KÁLTSE,
 see **No. 82.**

Route No. 119.

From LÁMA YÚRU (Ladák) to KÁRBU (Dras).

A principal route, passable for horses.

Literature: Cunningham's *Ladák*, pp. 148-50, and in
Journ. As. Soc. Beng., Vol. XVII., part I., pp. 117,
 118.—Moorcroft's *Travels*, Vol. II., pp. 11-20.

Maps: Cunningham's *Pánjáb and Western Himálaya*.—
 Waugh and Thuillier's *Pánjáb and adjoining coun-*
tries.

Láma Yúru, 34° 11'; 76° 34'; 11,480 ft., a large
 monastery—Cross the Phóto La pass (13,555 ft.;
 an easy and gradual ascent)—*Henaskút*, 9 miles
 from Láma Yúru—Cross the Kánji river several
 times.

Kárbu, 34° 15'; 76° 27'; 11,617 ft., 6 miles from
 Henaskút.

LANDÁUR is close to MÁSSÚRI.

Route No. 120.

From Δ LAPTÉL (Gnári Khórsum) to DÁBA
 (Gnári Khórsum).

There are three different routes: *A.* by the
 Sakh pass, *B.* by the Balch Dhúra pass, *C.* by the
 Kioguár pass. Routes *A.* and *B.* are equally good;
 route *C.* is rarely taken.

A.

Δ *Laptél* to *Dába*, across the Sakh pass.

A principal route, passable for horses.

Maps: Cunningham's *Pánjáb and Western Himálaya*.—
 Strachey's *Kámáon and Gärhvál*.

Δ *Laptél*, 30° 46'.3; 79° 52'.0 P; 13,994 ft.
 (fuel and grass in abundance)—*Tso Jan*, two
 small lakes—Cross the Shelchéll pass (very
 gentle slopes).