

Route No. 124.

From \triangle LOĀKA (Kāmāon) to DĀBA (Gnāri Khórsum).

A secondary route, impassable for horses.

No villages met with; even fuel very scarce for three days.

Maps: Cunningham's Pānjāb and Western Himālaya.—Strachey's Kāmāon and Gārhvāl.

\triangle Loāka, $30^{\circ} 46'$; $79^{\circ} 55'$; 15,831 ft. (fuel and grass scarce)—Cross the Jānti pass (18,529 ft.). Riding up its flanks scarcely possible; top of the pass 6 hours' march from \triangle Loāka—Descend on the slopes to a small valley.

Foot of the Lākhur pass—Cross the Lākhur pass.

\triangle Chīrchun (ab. 16,000 ft.). No shrubs.

\triangle Chāldu— \triangle Māmin— \triangle Lānkun.

\triangle Kóntsego, an easy stage. Fuel and grass; and then to Dāba, *see* Route No. 120 (B).

Route No. 125.

From \triangle LOĀKA (Kāmāon) to \triangle LAPTEL (Gnāri Khórsum).

A principal route, passable for horses.

Maps: Cunningham's Pānjāb and Western Himālaya.—Waugh and Thuillier's Pānjāb and adjoining countries.

\triangle Loāka, $30^{\circ} 46'$; $79^{\circ} 55'$; 15,831 ft. (fuel and grass scarce)— \triangle Súmdo (14,651 ft.), in the Loāka valley, at the confluence of the Loāka and Gírīti rivers. A very short stage, still above shrub vegetation— \triangle Kal Māddia— \triangle Topidúnga—Cross the Kyúngar pass (17,331 ft.; top 6 hours' march from \triangle Súmdo).

\triangle Kyúngar (14,660 ft.), $2\frac{1}{2}$ hours' march from the top of the Kyúngar pass. Shrubs and grass found here—Cross a small pass—Cross the Laptél river.

\triangle Laptél, $30^{\circ} 46'.3$; $79^{\circ} 52'.0$ P; 13,994 ft., 4 hours' march from \triangle Kyúngar. From \triangle Súmdo

to \triangle Laptél can be made in one day; will occupy about 11 hours. Shrubs and grass plentiful at \triangle Laptél.

Route

from \triangle LOĀKA to MÍLUM,

see No. 141.

LOHUGHĀT, routes to and from, *see* ALMÓRA to PETORAGĀRH, No. 5(A).

Route No. 126.

From LÓSAR (Spíti) to the BĀRA LĀCHA PASS (Spíti-Lahól).

A secondary route, passable for horses.

Fuel procurable, but no provisions. The crossing of two rivers is described as extremely difficult during certain periods of the year.

Maps: Cunningham's Pānjāb and Western Himālaya.—Waugh and Thuillier's Pānjāb and adjoining countries.

Lósar, $32^{\circ} 23'$; $77^{\circ} 43'$ —Cross the Kúnzum, or Kúlzum pass (14,931 ft.).

\triangle Rangkách, close to the Kúnzum pass— \triangle Sumchíkma.

\triangle Jálkum— \triangle Bākritách— \triangle Lársa.

\triangle Sélong— \triangle Túngmo.

Bāra Lācha pass, $32^{\circ} 43'.5$; $77^{\circ} 25'.3$ S; 16,186 ft.

Route

from LÓSAR to JĀGATSÚK,

see No. 76.