Sultánpur, 31° 57'.8; 77° 5'.8 ; 3,945 ft., on the right bank of the Biás river, the capital of Kúlu.

> NAHÁN, routes to and from, see DÉRA to TÍKAR, No. 59.

## Route No. 150.

From NAINITÁL (Kămáon) to ALMÓRA (Kămáon).

There are two different routes: the one, along an excellent road, by Ramgarh, the other, a longer one, by Manárs.

A.

Nainitál to Almóra, by Ramgárh.

A principal route, passable for horses.

Literature: Year-book of the Pănjáb for 1855, part II., p. 118.

Maps: Indian Atlas, sheet 66. - Strachey's Kămáon and Gărhvál.

Nainitál, 29° 23'.6; 79° 30'.9 \ , hôtel (level of the lake 6,520 ft.)—Cross three small nalahs -A Cháuki-Road branches off to the left to Bhímtal - Cross a small pass, 7,142 ft. (In the environs of Nainitál passes are called Bináik)-Ramgarh, 4 hours' march from Nainitál (15 miles), with a bángalo (6,060 ft.), which is considerably above the village-Steep descent down to the Ramgarh valley (road very stony)—Cross a river by an iron suspension bridge—Cross the Nótua Khan pass-Old road to Piúra branches off-A dharamsála—Cross the Dánuka Than pass.

Piuna, with a bángalo (5,739 ft.), 5 hours' march from Ramgarh-Cross the Piúra pass-Deári-Cross a river by an iron suspension bridge-Old road to Almóra branches off-Cross the Deóli

pass.

Almóra, 28° 35'.2; 79° 37'.95; 5,546 ft., 21/2 to 3 hours' march from Piúra (road almost level).

B.

Nainitál to Almóra, by Manárs.

A secondary route, passable for horses.

Literature: Madden, in Journ. As. Soc. Beng., Vol. XVII., part I., pp. 350-72.

Maps: Indian Atlas, sheet 66.—Strachey's Kămáon and Gărhvál.

Nainitál, 29° 23'.6; 79° 30'.9 \ ; hôtel (level of the lake 6,520 ft.) - Ascend to the Almakakhán, or Alrakakhán pass (7,366 ft.)—Jak (near its environs is a small cascade) - Cross the Kírna river on a bridge—Barangál—Cross the Ramgarh river - Road branches off to the left to the Ghágar fort.

Manjéra, on the left bank of the Kosilla river, 14 miles from Nainitál→Cross the Kírna river by a bridge-Continue along the right bank of the river (road narrow and steep) - Cross the Kosílla river by an iron suspension bridge, called Típuli Dhúnga (span 51 paces) — Continue for two miles along the right bank of the Kosílla river-Jiári-Cross the Kosílla river by iron suspension bridge (span 60 paces) - Continue along its left bank-Manars, on the left bank of the Kosílla river, 11 miles from Almóra, 7 miles from Manjéra — Continue along the left bank of the Kosilla river - Cross the Sval river by an iron suspension bridge (a little above its junction with the Kosílla)-Chausála (6 miles from Almóra).

Almóra, 29° 35'.2; 79° 37'.95; 5,546 ft. Rather a long march from Manjéra to Almóra, occupying 9 hours; the road with rare exceptions is good.

## Route

from NAINITÁL to BÁDRINATH: by Almóra, Sómesar, Tapubán, and Jhósimath (see Nos. 150, 6, 199, 78, and 77).